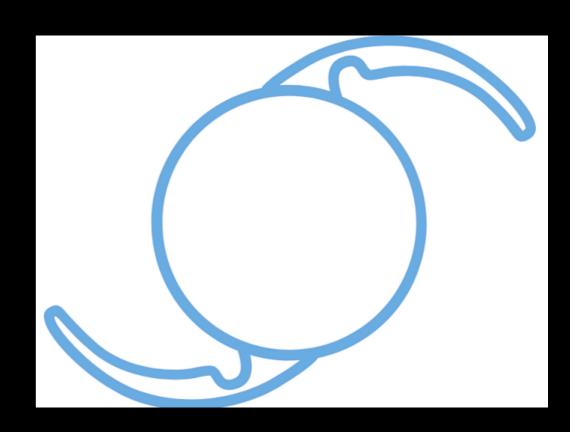
# Why I prefer Visian ICL over RLE

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# Indications of both depends on

AGE of the patient

**TYPE of Ametropia** 

**AMOUNT of Ametropia** 

## Hyperopia > 4.0D

Presbyopic age group above 40 years

Refractive lens exchange, preferably with a

MIOL (Best candidates).

- ICL is not preferred, even with a good ACD as the accommodation is fading.
- This can be performed even without an evident LO.
- Low risk surgery, High patient satisfaction.

### Hyperopia > 4.0D

Pre-presbyopic age group below 40 years

- 35-40 years of age: RLE if hyperopia more than +6.0D or with any faint LO, again preferably with MIOLs.
- Below 35 years with a clear lens, increased incidence of choroidal effusion specially with high errors.
- ICL can be done only if the ACD is more than 2.8mm (Rare in more than +4.0)
- LVC for more than +4.0D can yield unsatisfactory results (angle kappa, decentrations, unmasking of latent Hyperopia).

#### High Hyperopia Pre-presbyopic age group below 40 years

**Glasses or Contact Lenses** 

## Myopia > 8.0D

Presbyopic age group above 40 years

- RLE is the procedure of CHOICE:
  - High incidence of LO present and future.
  - Loss of accommodation both due to myopia and age, so no benefit from ICL.
  - Although not preferable in LOW myopes, MIOLs can be used after proper counseling.

### Myopia > 8.0D

Pre-presbyopic age group below 40 years

And Especially in a 25 year old

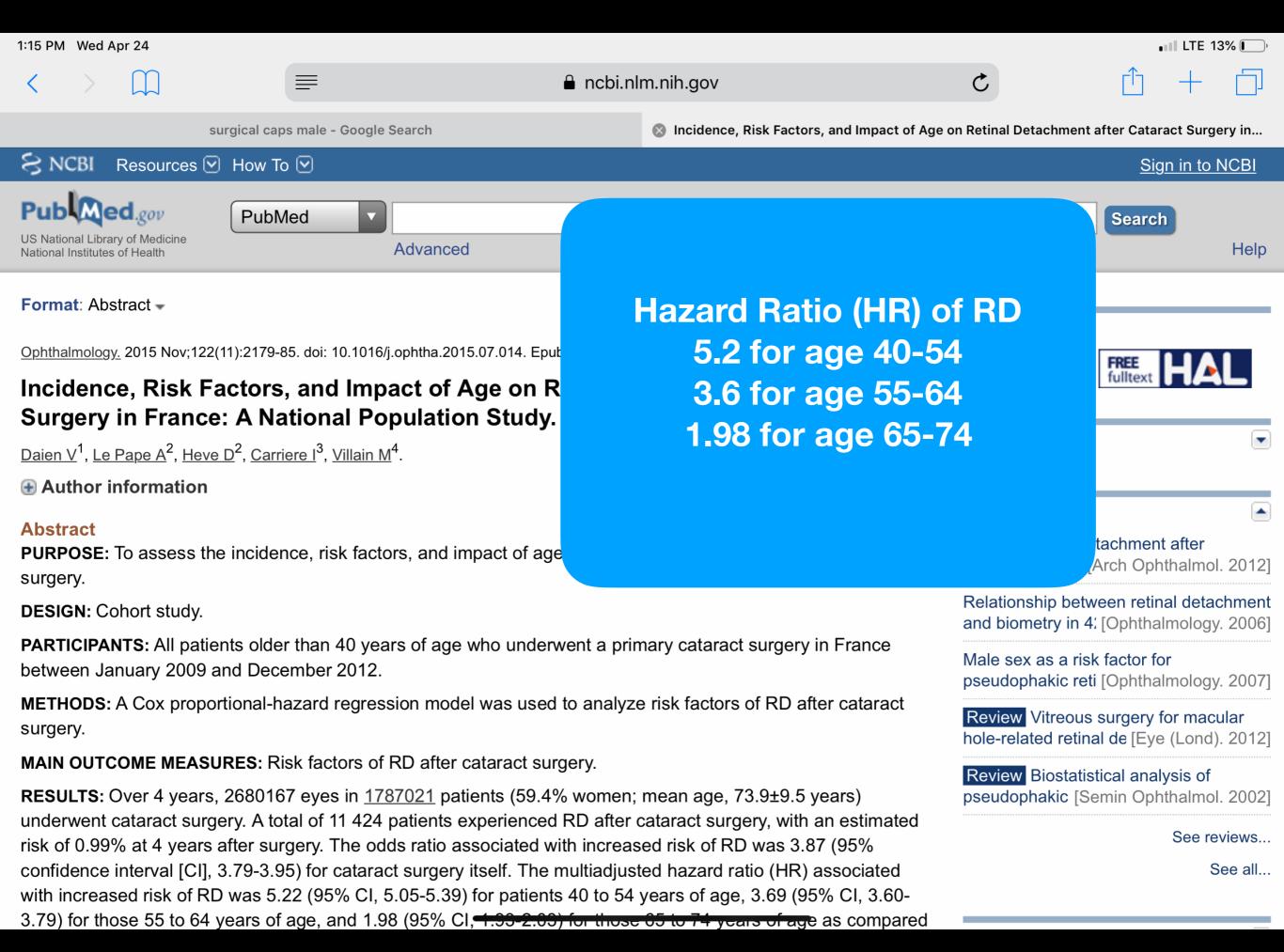
- ICL is a clear choice:
  - Patients still has accommodation so will be spectacle free.
  - Most patients with this refraction will have good ACD.
  - The quality of postoperative vision is extremely satisfactory for the patients, even with fine residual myopia.

## Myopia > 8.0D

Pre-presbyopic age group below 40 years

And Especially in a 25 year old

Why not RLE??



surgical caps male - Google Search

Incidence, Risk Factors, and Outcomes of Retinal Detachment after Pediatric Cataract Surgery





Incidence, Risk Factors, and Outcomes of Retinal Detachment after Pediatric Cataract Surgery

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**PlumX Metrics** 

https://doi.org/10.1016/j.ophtha.2017.07.003



Article Info

#### **Purpose**

To report the incidence of, and to estimate the long-term risk and predisposing factors and the surgical outcomes for, retinal detachment (RD) after pediatric cataract surgery.

#### Design

Retrospective consecutive interventional case series.

#### **Participants**









Previous studies showed conflicting results regarding age at catarac risk of RD. <sup>25</sup> However, similar to Haargaard et al, <sup>11</sup> we did n et al, <sup>27</sup> and Tuft et al <sup>28</sup> have all shown increased axial length estimated a 6.12 HR for RD after adult cataract surgery in tho axial length and RD had not been studied.

We found that the risk for RD increased progressively with increase hypermetropia (age-adjusted ALD > 0 mm), significantly higher risk 21.93, 95% CI, 2.95–162.80; P – 0.003). The cumulative risk of RD and 0 mm), which increased to 8.8% in eyes of children with high myop substitute for axial length, Rabiah et al  $^{10}$  showed that aphakic refix with risk of RD after pediatric cataract surgery. However, aphakic refix

#### Hazard Ratio for RD below 15 years

of age

21.93!!

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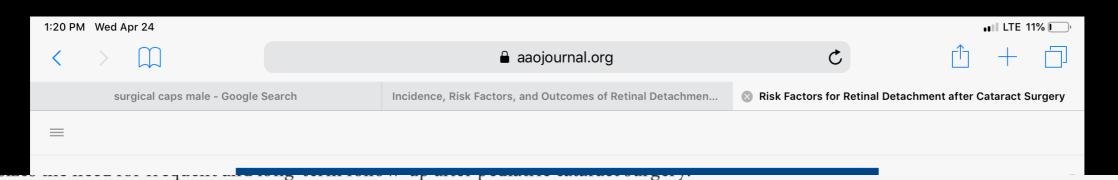
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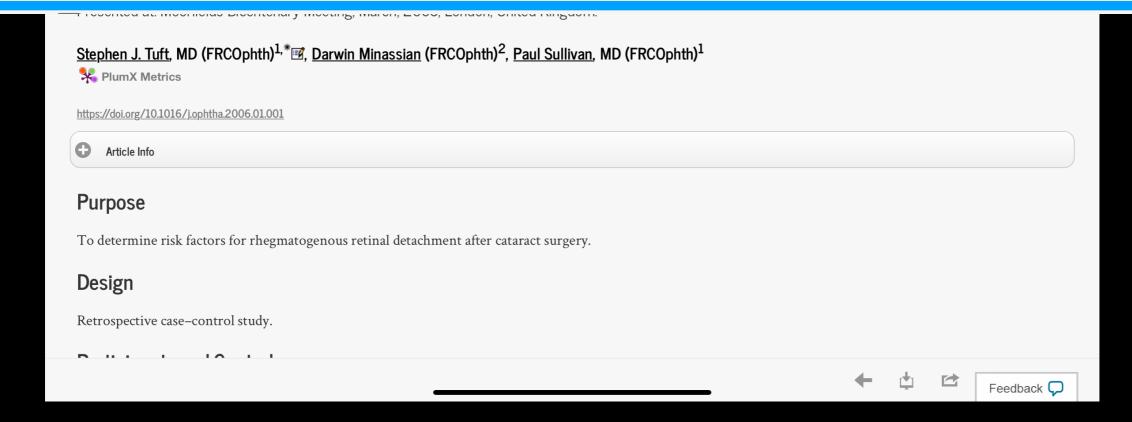
3 ificantly associated

with risk of RD after pediatric cataract surgery. However, aphakic refraction as a proxy for axial length has inherent limitations, especially in eyes with myopia and eyes with abnormally steep or flat keratometry. <sup>29</sup> Therefore, our estimates of HR using the axial length seem more appropriate.

## So does myopia increase the incidence of RD post lens extraction



In our study we found that RD occurred secondary to either PVD-induced retinal break or holes complicating lattice degeneration. Ripandelli et al showed that after cataract surgery. PVD occurred in 77.6% and 87.2% of emmetropic eves without preoperative lattice degeneration and with lattice degeneration. respectively. Although PVD after cataract surgery itself is associated with increased risk of RD, the risk increases multiple folds in eyes having lattice degenerations, a very common finding among those with myopia. PVD-induced retinal break was the most common cause of RD. The symptoms of PVD must be explained to the child and his or her parents to facilitate early medical attention.



First, Do NO Harm.....

#### "Primum non nocere"

-Hippocratic Oath.

# So in a High myope 25 year old

- Why do a procedure that carries a risk of RD.
- Why take away the patients accommodation.
- The risk may be acceptable if the patient has a LO.
- But it is not acceptable if the patient has good aided VA.
- Especially when you have a procedure which offers better safety and quality of vision.

### Price issues

- A lot of times its a surgeon's perspective.
- Good quality ICL "Wanna Be s" are available.
- Consider the price "money and stress" that the patient will pay if RD happens.

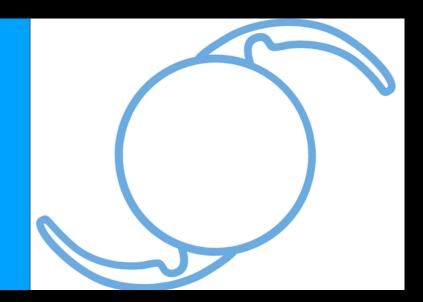
# So in a High myope 25 year old

I would offer ICL surgery

Or NO surgery at all!

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